

**Rugby High School Track & Field Results**  
**VELVA LAST CHANCE**  
**Velva, ND – Monday, May 16, 2011**

**100 Meter Dash**

Crystal Hovland - 13.07 - 3rd place  
Shanaya Fred - 13.44 - 7th place  
Kassi Jorgenson - 13.87

**200 Meter Dash**

Crystal Hovland - 26.70 - 1st place - **SQ**  
Emily Stier - 27.00 - 3rd place  
Rachel Hoffert - 27.40 - 6th place  
Shanaya Fred - 28.40  
Kassi Jorgenson - 30.12

**400 Meter Dash**

Alicia Leier - 1:06.90 - 4th place  
Shanaya Fred - 1:07.68  
Cassandra Jaeger - 1:10.68  
Bailey Nelson - 1:10.78

**800 Meter Run**

Sydney Kraft - 2:24.21 - 1st place - **SQ**  
Chandra Yankton - 2:37.72 - 5th place  
Hannah Christenson - 2:41.18 - 8th place  
Alexis Thompson - 2:43.46  
McKenzie Johnson - 3:00.76  
Tashal Trottier - 3:08.33

**1600 Meter Run**

Chandra Yankton - 5:36.02 - 2nd place  
Hannah Christenson - 6:09.88  
Tashal Trottier - 7:03.04

**3200 Meter Run**

Lauren Christenson - 12:13.70 - 1st place - **SQ**  
Allison Foster - 13:52.75 - 8th place

**100 Meter Hurdles**

Aubrey Hovland - 16.93 - 2nd place  
Kassi Jorgenson - 20.53

**300 Meter Hurdles**

Jessica Blessum - 1:00.00

**Shot Put**

Molly Koenig - 38'6" - 1st place  
Laura Fritel - 31'3"  
Mattie Schmitt - 29'7½"  
Allison Leer - 24'4½"

**Discus**

Mattie Schmitt - 83'2"  
Laura Fritel - 83'1"  
Molly Koenig - 78'5"  
Allison Leer - 62'3"

**Javelin**

Molly Koenig - 97'9" - 3rd place  
Allison Volk - 79'2"  
Laura Fritel - 75'10"  
Allison Leer - 67'8"  
Mattie Schmitt - 66'5"

**Long Jump**

Abbey Paul - 14'7" - 2nd place  
Anja Selland - 13'8¾" - 6th place  
Cassandra Jaeger - 13'1¼" - 8th place  
Allison Volk - 12'4"  
Kylie Scherr - 12'1"

**Long Jump (continued)**

Keylee Odden - No Mark  
Kayla Voeller - No Mark

**Triple Jump**

Anja Selland - 28'5½" - 7th place  
Allison Volk - 28'2" - 8th place  
Keylee Odden - 27'10"  
Cassandra Jaeger - 27'3"  
Kayla Voeller - 25'5"  
Kylie Scherr - 24'1½"  
Abbey Paul - No Mark

**High Jump**

Aubrey Hovland - 5'1" - 2nd place - **SQ**  
Jessica Blessum - 4'7" - 5th place  
Kylie Scherr - 4'3"  
Cassandra Jaeger - 3'11"  
Bailey Nelson - 3'11"  
Keylee Odden - 3'9"  
Abbey Paul - No Height

**Pole Vault**

Jessica Blessum - 6'6" - 7th place  
McKenzie Johnson - No Height

**4 x 100 Meter Relay**

Shanaya Fred(13.18), Aubrey Hovland(12.50)  
Rachel Hoffert(12.64), Emily Stier(13.10)  
51.24 - 1st place - **SQ**

**4 x 200 Meter Relay**

Crystal Hovland(27.33), Aubrey Hovland(27.36)  
Rachel Hoffert(27.89), Emily Stier(26.67)  
1:49.31 - 2nd place - **SQ**

**4 x 400 Meter Relay**

Crystal Hovland(1:00.85), Alicia Leier(1:05.39)  
Rachel Hoffert(1:03.32), Emily Stier(1:01.68)  
4:11.31 - 2nd place - **SQ**

**4 x 800 Meter Relay**

Alexis Thompson(2:39.84), Camille Klein(2:52.60)  
Bailey Nelson(2:48.00), Allison Foster(2:51.71)  
11:10.81 - 7th place

**GIRLS TEAM SCORES**

1. Rugby - 151
2. Velva/Drake-Anamoose - 124
3. Surrey - 82
4. Watford City - 80
5. Beulah - 51
6. Harvey/Wells County - 44
7. Parshall - 35
8. Bottineau - 29
9. Stanley/Powers Lake - 26
10. Southern McLean - 21
11. Shiloh Christian - 19
12. Des Lacs-Burlington - 17
12. Garrison - 17
14. Minot Bishop Ryan - 15
15. New Town - 13
16. Central McLean - 8
17. Glenburn/Westhope/Newburg - 5
18. Lewis and Clark - 4

**SQ - State Qualifier**  
**SR - School Record**  
**MR - Meet Record**